Amendments to the Abstract:

Please replace the current abstract with the following abstract.

-- A method for synchronizing a first database stored in a mobile first data processing system to which a security token is coupled for communication with the mobile first data processing system, and a second database stored in a second data processing system. The method includes loading an application into the security token coupled to the first mobile data processing system, executing a command by the application, and requesting, by the command, that the first mobile data processing system process a synchronization step. The command provides the first data processing system with synchronization parameters used for synchronizing content of the first and the second databases. --